

# Medical Staff Resiliency Support Groups



Every **Thursday at 12:30 PM**, please join Dr. Ana Rivas-Vazquez, PhD, Rev. Guillermo Escalona, M.Div., BCC, and Graciela "Grace" Jimenez, LMFT, for Baptist Health Virtual Medical Staff resiliency support groups on Zoom.

We will be running these resiliency groups to help **Medical Staff** cope and rebound from the current environment. The groups offer tips and guidance to foster ongoing resilience.

Please note that participation is completely voluntary and confidential.

To join, call 786-635-1003 or visit Zoom and enter ID and password

⇒ ID: 914 6189 0916 ~ Password: 087299

For more information email [Programs@BaptistHealth.net](mailto:Programs@BaptistHealth.net).

